

**IMPORTANT: THIS IS A LEGAL DOCUMENT,
PLEASE READ AND UNDERSTAND THIS DOCUMENT BEFORE SIGNING.**

**ASSUMPTION OF RISK, WAIVER OF
LIABILITY AND INDEMNIFICATION AGREEMENT**

This Agreement must be completed in order to participate in Oak Mountain Youth Football and/or Cheerleading.

Participant (print full name): _____

I, the undersigned, am the parent and/or legal guardian ("Parent/Guardian") of the minor Participant named above. I am familiar with the Oak Mountain Youth Football and/or Cheerleading programs, including but not limited to the performance of all athletic activity involved, the use of the equipment and facilities, and all other risks and hazards associated with Oak Mountain Youth Football and/or Cheerleading (hereinafter referred to as "activities").

TERMS AND CONDITIONS

I authorize the Participant to participate in the above-described activities. I understand that such participation can include foreseeable and unforeseeable risks and other hazardous activities inherent in these activities which may expose the participant to illness, injury, or death. Parent/Guardian freely and voluntarily allows participation in said activities with the knowledge of the danger involved and hereby agrees to assume and accept any and all risk of injury or death.

WAIVER, RELEASE AND INDEMNIFICATION

Parent/Guardian of Participant understands and acknowledge that OAK MOUNTAIN YOUTH FOOTBALL AND CHEERLEADING, an Alabama Not-for-Profit organization, is not an insurer of Participant's behavior, actions or participation in the program, and that OAK MOUNTAIN YOUTH FOOTBALL AND CHEERLEADING assumes no liability whatsoever for personal injuries or property damages to Participant or to third persons arising out of participation in the program activities. Parent/Guardian, individually and on behalf of Participant, hereby agrees to release, waive, covenant not to sue, indemnify and hold harmless OAK MOUNTAIN YOUTH FOOTBALL AND CHEERLEADING, and all of its affiliated organizations, directors, officers, employees and agents, including but not limited to coaches, assistant coaches, volunteers, etc., and any and all owners and managers of any premises or facility where said activities take place (collectively the "Releasees") from any and all liability, claims, demands, actions and causes of action whatsoever arising out of or related to any loss, damage, or injury, including death, that may be sustained by Participant or loss or damage to any property belonging to Participant arising out of or related to participation in the activities, including travel, even if such loss, damage or injury as may be alleged to have been caused, in whole or in part, by the intentional or negligent act or omission of any Releasee.

Parent/Guardian hereby represents that Participant does not have any medical conditions that would prevent participation in said activities and Participant has adequate health insurance to cover the costs of treatment in the event of any injury. Participant or Parent/Guardian shall pay any attorney fees or costs incurred by any and all Releasees in enforcing this Agreement. If any portion of this Agreement is held to be invalid by a court of law, then it is agreed and intended that all the remainder shall, notwithstanding, continue in full force and effect.

PARENT/GUARDIAN OF PARTICIPANT HAS CAREFULLY READ THESE TERMS AND FULLY UNDERSTANDS THEIR CONTENT AND IS AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT BETWEEN PARENT/GUARDIAN OF PARTICIPANT AND THE RELEASEES AND SIGNS IT OF HIS OR HER OWN FREE WILL.

I am signing this Agreement on behalf of a minor Participant. I acknowledge that I am the Parent/Guardian of the Participant and that I understand the terms of this Agreement. I also acknowledge that these terms shall bind my heirs and personal representatives and the heirs and personal representatives of Participant.

Signature of Legal Guardian and/or Parent of Participant

Date